

**FAMILY PILGRIMAGE**

**WITH**

*Mary*



JOIN US AS WE VISIT SACRED SITES TO  
PRAY FOR THE NEEDS  
OF FAMILIES, THE CHURCH  
AND THE WORLD.



# Family Pilgrimage with Mary

“My Immaculate Heart will be your refuge and the way that will lead you to God.

– Our Lady of Fatima



<b>8:00 am</b>	<b>St Mary of the Angels Church National Shrine of Aotearoa New Zealand</b> dedicated to Our Lady Assumed into Heaven 17 Boulcott Street, Wellington Central, Wellington 6011
<b>8:30 am</b>	<b>Metropolitan Cathedral of the Sacred Heart &amp; of St Mary His Mother</b> 40 Hill Street, Thorndon, Wellington 6011
<b>9:45 am</b>	<b>Our Lady of Fatima Church</b> 169 Main Road, Tawa, Wellington 5028
<b>10:15 am</b>	<b>Holy Family Parish</b> 169 Mungavin Avenue, Cannons Creek, Porirua
<b>10:45 am</b>	<b>Our Lady of Kapiti Parish</b> 1 Presentation Way, Paraparaumu
<b>11:15 am</b>	<b>Our Lady of Kapiti Statue</b> Tongariro Street, Paraparaumu 5032
<b>12:30 am</b>	<b>St Mary's Catholic Church</b> 4 Convent Road, Ōtaki



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## **St Mary of the Angels Church National Shrine of Aotearoa New Zealand dedicated to Our Lady Assumed into Heaven**

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### **Welcome**

Welcome to the Family Pilgrimage with Mary. The Family Pilgrimage with Mary is held every year during the month of May to honour our Blessed Mother and ask for her intercession for the needs of families, the Church and the world.

We begin this Pilgrimage in St Mary of the Angels the National Shrine of Aotearoa- New Zealand dedicated to Our Lady Assumed into Heaven. New Zealand was first dedicated to Mary as *'Our Lady Assumed into Heaven'* by Bishop Jean-Baptiste Pompallier when he celebrated the first mass in New Zealand at Totara Point in the Hokianga on the 13th of January 1838.

In a pastoral letter about the 1838 dedication of the country to Mary, the New Zealand bishops wrote: "Bishop Pompallier placed our country under the protection of Mary as she is now – alive, body and soul, rejoicing in the happiness of God's kingdom."

On the Feast of the Assumption, 15 August 2021, all the country's bishops gathered in Wellington for a Mass to renew Bishop Pompallier's 1838 dedication of Aotearoa New Zealand to Our Lady Assumed into Heaven.

In this pilgrimage, we renew this dedication and place all families, the New Zealand Church, and the world under the patronage of Our Lady Assumed into Heaven and pray specifically:

- For men and women and young people to discover their identity and dignity in Christ
- For human life to be respected from conception up to natural death
- For an increase in married, priestly and religious vocations
- For love and unity in the family, and for an increase in the number of Christian families living and passing on the Christian faith
- For support for the weak, the elderly and those marginalised in society.

### **Prayer adopted from the Prayer of Dedication of the National Shrine to Mary, Mother of God, Assumed into Heaven**

Loving God, in professing the faith in which we are united as your people, we unite ourselves with the 'yes' of your mother Mary, the first disciple.

O God, Source of all life, giver of all that is good to whom this sacred place has been dedicated as the national shrine of Mary Mother of God, Assumed into Heaven. We, your people of Aotearoa New Zealand meet in the bonds of your love. Keep us faithful in our response to your love with Mary patroness of our land.

Loving God, you call us anew to the abundance of life for which we have been created. In our life with you we mature in relationship with you, with one another, and with our land. We repent the harm we have caused in this holy place to our sisters and brothers and to our land. In humility we turn to Mary, Mother of God, Assumed into Heaven and in confidence pray.

O God, under the patronage of Mary, the mother of your son, and our mother we are united with those gathered in the Hokianga in January 1838 with the leadership of Jean-Baptiste Pompallier first Catholic bishop of our land in the rededication of this house of God, St Mary of the Angels, as the national shrine of Mary, Mother of God, Assumed into Heaven.

With renewed fervour we turn to Mary, in union with her Son Our Lord Jesus Christ who lives and reigns with you in the unity of the Holy Spirit God forever and ever. Amen.

## Mō Maria

Mō Maria aianeī  
O tātou waiata  
Kia kaha rā tātou  
Kia nui te aroha

For Mary now  
Our songs  
Let us be strong  
Let there be great love.

*Chorus*

Love Mary  
In heaven  
And on earth  
For ever and ever.

Mō maria aianeī  
O tatou waiata  
Kia kaha rā tātou  
Kia nui te aroha

Verse 2  
Aroha ki te Atua  
Aroha ki a Maria  
i te Rangī,  
te whenua  
āke tonu, āke tonu.

*Chorus*

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## Metropolitan Cathedral of the Sacred Heart and Mary His Mother

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### 1 Hymn: "As I Kneel before you"

*As I kneel before you, as I bow my head in prayer,  
Take this day, make it yours and fill me with your love.*

*Ref: Ave Maria, gratia plena, Dominus tecum benedicta tu.*

*All I have I give you, ev'ry wish and dream are yours,  
Mother of Christ, Mother of mine, present them to my Lord (Ref)*

*As I kneel before you, and I see your smiling face,  
ev'ry thought, ev'ry word is lost in you embrace (Ref)*

### 2 The Holy Rosary

*"The Most Holy Virgin in these last times in which we live has given a new efficacy to the recitation of the Rosary to such an extent that there is no problem, no matter how difficult it is, whether temporal or above all spiritual, in the personal life of each one of us, of our families... that cannot be solved by the Rosary. There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary." – Sr. Lucia*

## 1ST JOYFUL MYSTERY – THE ANNUNCIATION

### 2.1 Scripture Reading

<sup>26</sup>In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, <sup>27</sup>to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. <sup>28</sup>And he came to her and said, "Greetings, favoured one! The Lord is with you."<sup>[L]</sup> <sup>29</sup>But she was much perplexed by his words and pondered what sort of greeting this might be. <sup>30</sup>The angel said to her, "Do not be afraid, Mary, for you have found favor with God. <sup>31</sup>And now, you will conceive in your womb and bear a son, and you will name him Jesus. <sup>32</sup>He will be great and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. <sup>33</sup>He will reign over the house of Jacob forever, and of his kingdom there will be no end." <sup>34</sup>Mary said to the angel, "How can this be, since I am a virgin?"<sup>[L]</sup> <sup>35</sup>The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born<sup>[L]</sup> will be holy; he will be called Son of God. <sup>36</sup>And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. <sup>37</sup>For nothing will be impossible with God." <sup>38</sup>Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her. (Luke 1:26-38)

### 2.2 Reflection and Prayer

The Angel Gabriel announced to Mary the Incarnation of Our Lord and Saviour Jesus Christ.

*O HOLY MARY, Queen of Virgins, through the most high Mystery of the Incarnation of thy beloved Son, Our Lord Jesus Christ, wherein our salvation was begun, obtain for us through thy most holy intercession, the light to understand the greatness of the grace bestowed upon thee when Christ became our Brother and gave us, His own beloved Mother, to be our Mother also. Holy Mary, Mother of God, pray for me a sinner and teach me to love thy Divine Son, above all else.*

**Our Father, Hail Mary etc**

### 2.3 Fatima Prayer

Decade Prayer:

*O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of thy mercy.*

## 3 Hymn: "Alma Redemptoris Mater"

*Alma redemptoris mater  
Quae pervia caeli porta manes et stella maris  
Succurre cadenti surgere qui curat populo  
Tu quae genuisti natura mirante  
Tuum sanctum genitorem Virgo prius ac posterius  
Gabrielis ab ore sumens illud ave Peccatorum miserere*

*Loving Mother of the Redeemer,  
who remains the accessible Gateway of Heaven,  
and Star of the Sea,  
Give aid to a falling people that strives to rise;  
O Thou who begot thy holy Creator,  
while all nature marvelled, Virgin before and after  
receiving that "Ave" from the mouth of Gabriel,  
have mercy on sinners.*

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## Our Lady of Fatima Church

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### 1 Hymn: Our Lady of Fatima

*Our Lady of Fatima,  
We come on bended knee,  
To beg Your intercession,  
For peace and unity.*

*Dear Mary, won't You show us,  
The right and shining way,  
We pledge our love and offer You,  
A Rosary each day.*

*You promised at Fatima,  
Each time that You appeared,  
To help us if we pray to You,  
To banish war and fear.*

*Dear Lady, on First Saturdays,  
We ask Your guiding hand,  
For peace and guidance here on earth,  
And protection for our land.*

### 2 2<sup>ND</sup> JOYFUL MYSTERY – THE VISITATION OF MARY

#### 2.1 Scripture Reading

<sup>39</sup>In those days Mary set out and went with haste to a Judean town in the hill country, <sup>40</sup>where she entered the house of Zechariah and greeted Elizabeth. <sup>41</sup>When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit <sup>42</sup>and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. <sup>43</sup>And why has this happened to me, that the mother of my Lord comes to me? <sup>44</sup>For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. <sup>45</sup>And blessed is she who believed that there would be <sup>46</sup>a fulfilment of what was spoken to her by the Lord." And Mary <sup>47</sup>said,

"My soul magnifies the Lord,

<sup>47</sup>and my spirit rejoices in God my Savior,

<sup>48</sup>for he has looked with favour on the lowliness of his servant.

Surely, from now on all generations will call me blessed;

<sup>49</sup>for the Mighty One has done great things for me,

and holy is his name.

<sup>50</sup>His mercy is for those who fear him from generation to generation.

<sup>51</sup>He has shown strength with his arm;

he has scattered the proud in the thoughts of their hearts.

<sup>52</sup>He has brought down the powerful from their thrones,

and lifted up the lowly;

<sup>53</sup>he has filled the hungry with good things,

and sent the rich away empty.

<sup>54</sup>He has helped his servant Israel,

in remembrance of his mercy,

<sup>55</sup>according to the promise he made to our ancestors,

to Abraham and to his descendants forever."

<sup>56</sup>And Mary remained with her about three months and then returned to her home.

(Luke 1:39-57)

## 2.2 Reflection and Prayer

The Blessed Mother made haste to visit her cousin, St. Elizabeth, who was in her sixth month. The babe in her womb leapt for joy at the greeting of Mary and his sanctification was accomplished. The mediation of Mary was perfectly established in the mission of Jesus, the Saviour.

*O HOLY VIRGIN, most spotless mirror of humility, by that exceeding charity which moved thee to visit thy holy cousin, St. Elizabeth, obtain for us through thy intercession that our hearts being visited by thy Son, will be freed from all sin. We praise and give thanks to Him forever. Holy Mary, Mother of God, pray for me a sinner and teach me to love thy Divine Son, above all else.*

**Our Father, Hail Mary etc**

## 2.3 Fatima Prayers

Decade Prayer:

*O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of thy mercy.*

Pardon Prayer: 

*My God, I believe, I adore, I hope, and I love Thee! I ask pardon for those who do not believe, do not adore, do not hope and do not love Thee.*

## 3 Hymn: "Immaculate Mother (Ave Maria)"

*Immaculate Mother, we call upon thee,  
From this land of the south, from our isles of the sea.  
Ref: Ave, Ave, Ave Maria. Ave, Ave, Ave Maria!*

*We pray for God's glory, may His kingdom come,  
We pray for his vicar, our Father in Rome. (Ref)*

*We pray for our mother, the Church upon earth,  
And bless, sweetest lady, the land of our birth. (Ref)*

*We pray for relief from our burdens of pain,  
None kneels to thee, Mother of Mercy, in vain. (Ref)*

*In death's solemn moment, dear mother be nigh,  
As children of Mary, O teach us to die. (Ref)*

*And crown thy sweet mercy with this special grace,  
To see, in His glory, our Lord face to face. (Ref)*

### 1 Hymn: "I'll Sing a Hymn to Mary"

*I'll sing a hymn to Mary,  
The Mother of my God,  
The Virgin of all virgins,  
Of David's royal blood.  
O teach me, holy Mary,  
A loving song to frame,  
When wicked men blaspheme thee,  
To love and bless thy name.*

*O Lily of the Valley,  
O Mystic Rose, what tree,  
Or flower, e'en the fairest,  
Is half so fair as thee?  
O let me, tho' so lowly  
Recite my mother's fame.  
When wicked men blaspheme thee,  
I'll love and bless thy name.*

*O noble Tower of David,  
Of gold and ivory.  
The Ark of God's own promise,  
The gate of Heav'n to me.  
To live and not to love thee  
Would fill my soul with shame;  
When wicked men blaspheme thee,  
I'll love and bless thy name.*

*The saints are high in glory,  
With golden crowns so bright;  
But brighter far is Mary  
Upon her throne of light.  
Oh, that which God did give thee,  
Let mortal ne'er disclaim;  
When wicked men blaspheme thee,  
I'll love and bless thy name.*

*But in the crown of Mary  
There lies a wonderous gem,  
As Queen of all the angels,  
Which Mary shares with them;  
No sin hath e'er defiled thee,  
So doth our faith proclaim;  
When wicked men blaspheme thee,  
I'll love and bless thy name.*

### 2 3<sup>RD</sup> JOYFUL MYSTERY – JESUS IS BORN

#### 2.1 Scripture Reading (Luke 2:1-20)

In those days a decree went out from Emperor Augustus that all the world should be registered. <sup>2</sup>This was the first registration and was taken while Quirinius was governor of Syria. <sup>3</sup>All went to their own towns to be registered. <sup>4</sup>Joseph also went from the town of Nazareth in Galilee to Judea, to the city of David called Bethlehem, because he was descended from the house and family of David. <sup>5</sup>He went to be registered with Mary, to whom he was engaged and who was expecting a child. <sup>6</sup>While they were there, the time came for her to deliver her child. <sup>7</sup>And she gave birth to her firstborn son and wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn.

<sup>8</sup>In that region there were shepherds living in the fields, keeping watch over their flock by night. <sup>9</sup>Then an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were terrified. <sup>10</sup>But the angel said to them, "Do not be afraid; for see—I am bringing you good news of great joy for all the people: <sup>11</sup>to you is born this day in the city of David a Savior, who is the Messiah,<sup>[a]</sup> the Lord. <sup>12</sup>This will be a sign for you: you will find a child wrapped in bands of cloth and lying in a manger." <sup>13</sup>And suddenly there was with the angel a multitude of the heavenly host,<sup>[b]</sup> praising God and saying,

<sup>14</sup>"Glory to God in the highest heaven, and on earth peace among those whom he favours!"<sup>[c]</sup>

When the angels had left them and gone into heaven, the shepherds said to one another, "Let us go now to Bethlehem and see this thing that has taken place, which the Lord has made known to us." <sup>16</sup>So they went with haste and found Mary and Joseph, and the child lying in the manger. <sup>17</sup>When they saw this, they made known what had been told them about this child; <sup>18</sup>and all who heard it were amazed at what the shepherds told them. <sup>19</sup>But Mary treasured all these words and pondered them in her heart. <sup>20</sup>The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them. (Luke 2, 1-20)



## 2.2 Reflection and Prayer

The Virgin Mary gave birth to Our Lord and Saviour, Jesus Christ, for the supreme and singular purpose of giving glory to the Most Holy Trinity and salvation to mankind.

*O MOST PURE MOTHER OF GOD, through thy virginal and most joyful delivery, whereby thou gavest the world thy only begotten Son, Our Saviour, we beseech thee to obtain for us through thy intercession, the grace to lead pure and holy lives in this world that we may be worthy to sing, without ceasing, the mercies of thy Son for all eternity. Holy Mary, Mother of God, pray for me a sinner and teach me to love thy Divine Son, above all else.*

**Our Father, Hail Mary etc**

## 2.3 Fatima Prayer

Decade Prayer:

*O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of thy mercy.*

The Angel's Prayer:

*Most Holy Trinity—Father, Son and Holy Spirit—I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.*

## 3 Hymn: “Let us sing to You O Mary”

*Let us sing to you, O Mary, disciple first and best, join our voices sing with every age that loves to call you blest. Blessed you among all women, first in faith, in hope, in love, blessed you who believed in the promise from above, Chosen Woman, through obedience untied the knot of Eve, Holy Virgin, fruitful Mother of all who believe.*

*Hail His Palace! Hail His Tabernacle! Hail His Ark! His Shrine! Hail His Home! His Throne! His Servant! His Mother and mine! Consecrated by the Father, before time had e'er begun, and prepared by the Spirit to mother the Son, Spotless Ark, conceived immaculate and spared from every sin, Full of grace, you won God's favour, enfleshed the Word within.*

*At the cross, a sword of sorrow would pierce your loving soul, as your Son is opened with a lance and Blood and Water flow. Hail Model of the Church newly created from His side, called to Mother Christ's children and be His holy Bride, And His words: "Behold your mother," And "Woman see your son," Are his gift to His disciples while endless ages run.*

*To the Father, faithful daughter, we join with you, our praise. To your Son, O Blessed Mother, our worship we raise. To the Spirit by Whose power you conceived the living Word, our profound adoration will always be heard, Turn your eyes, O Holy Mary, look lovingly and bless, take our prayer, in love transform it, unite it with your "Yes!"*

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## Our Lady of Kapiti

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### 1 Hymn: "Hail Queen of Heaven"

*Hail, Queen of Heav'n, the ocean Star,  
Guide of the wand'rer here below!  
Thrown on life's surge We claim thy care  
Save us from peril and from woe.  
Mother of Christ, Star of the sea  
Pray for the wanderer, pray for me*

*And while to Him who reigns above,  
In Godhead one, in persons three,  
The source of life, of grace, of love,  
Homage we pay on bended knee  
Do thou bright Queen, Star of the sea,  
Pray for thy children, pray for me.*

*O gentle, chaste, and spotless Maid,  
We sinners make our prayers through thee  
Remind thy Son that He has paid  
The price of our iniquity.  
Virgin most pure, Star of the sea,  
pray for the sinner, pray for me.*

### 2 4<sup>th</sup> JOYFUL MYSTERY – THE PRESENTATION OF THE INFANT JESUS IN THE TEMPLE

#### 2.1 Scripture Reading

<sup>22</sup> When the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord <sup>23</sup> (as it is written in the law of the Lord, "Every firstborn male shall be designated as holy to the Lord"), <sup>24</sup> and they offered a sacrifice according to what is stated in the law of the Lord, "a pair of turtledoves or two young pigeons."

<sup>25</sup> Now there was a man in Jerusalem whose name was Simeon,<sup>[a]</sup> this man was righteous and devout, looking forward to the consolation of Israel, and the Holy Spirit rested on him. <sup>26</sup> It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Messiah.<sup>[b]</sup> <sup>27</sup> Guided by the Spirit, Simeon<sup>[c]</sup> came into the temple; and when the parents brought in the child Jesus, to do for him what was customary under the law, <sup>28</sup> Simeon<sup>[d]</sup> took him in his arms and praised God, saying,

<sup>29</sup> "Master, now you are dismissing your servant<sup>[e]</sup> in peace, according to your word;

<sup>30</sup> for my eyes have seen your salvation, <sup>31</sup> which you have prepared in the presence of all peoples,

<sup>32</sup> a light for revelation to the Gentiles and for glory to your people Israel." And the child's father and mother were amazed at what was being said about him. <sup>34</sup> Then Simeon<sup>[f]</sup> blessed them and said to his mother Mary, "This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed <sup>35</sup> so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too."

<sup>36</sup> There was also a prophet, Anna<sup>[g]</sup> the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband seven years after her marriage, <sup>37</sup> then as a widow to the age of eighty-four. She never left the temple but worshiped there with fasting and prayer night and day. <sup>38</sup> At that moment she came and began to praise God and to speak about the child<sup>[h]</sup> to all who were looking for the redemption of Jerusalem.

<sup>39</sup> When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. <sup>40</sup> The child grew and became strong, filled with wisdom; and the favor of God was upon him. (Luke 2:21-40)

## 2.2 Reflection and Prayer

Mary offered her divine Treasure to the Father, since He was truly her Child, and Jesus offered Himself through the hands of Mary to God, His Father.

*O HOLY VIRGIN, most admirable Mistress and Model of obedience, who didst present the Lord in the Temple of God, obtain for us from thy Blessed Son that, with holy Simeon and devout Anna, we may praise and glorify Him forever. Holy Mary, Mother of God, pray for me a sinner and teach me to love thy Divine Son, above all else.*

**Our Father, Hail Mary etc**

## 2.3 4<sup>th</sup> Fatima Prayer

Decade Prayer:

*O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of thy mercy.*

The Eucharistic Prayer:

*Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament.*

## 3 Hymn: "Salve Regina"

*Translation:*

*Salve, Regina, Mater misericordiae,  
vita, dulcedo, et spes nostra, salve.  
Ad te clamamus exsules filii Hevæ,  
Ad te suspiramus, gementes et flentes  
in hac lacrimarum valle.  
Eia, ergo, advocata nostra, illos tuos  
misericordes oculos ad nos converte;  
Et Jesum, benedictum fructum ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.*

*Queen, mother of mercy:  
our life, sweetness, and hope, hail.  
To thee do we cry, poor banished children of Eve.  
To you we sigh, mourning and weeping.  
in this valley of tears  
Turn then, our advocate,  
those merciful eyes toward us.  
And Jesus, the blessed fruit of thy womb,  
after our exile, show us.  
O clement, O loving, O sweet Virgin Mary.*

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## Our Lady of Kapiti Statue

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### 1 Hymn: "Assumpta Est Maria"

*Assumpta est Maria in caelum: Gaudent Angeli laudantes benedicunt Dominum.*

*Translation: Mary is taken up into heaven, the Angels rejoice, praising, they bless God. Alleluia.*

### 2 THE STATIONS OF THE CROSS THROUGH THE EYES OF MARY

*O Jesus Christ, my Lord, with what great love didst Thou pass over the painful road which led Thee to death; and I, how often have I abandoned Thee. But now I love Thee with my whole soul, and because I love Thee, I am sincerely sorry for having offended Thee. My Jesus, pardon me, and permit me to accompany Thee in this journey. Thou art going to die for love of me, and it is my wish also, O my dearest Redeemer, to die for love of Thee. O yes, my Jesus, in Thy love I wish to live, in Thy love I wish to die.*

**At each Station**

**Leader:** "We adore Thee O Christ and we praise Thee"

**Response:** "Because by thy Holy Cross Thou has redeemed the world"

### **First Station – “Jesus is condemned to Die”**

It was early Friday morning when I saw my son. That was the first glimpse I had of him since they took him away. His bruised and bleeding skin sent a sword of pain deep into my heart and tears down my cheeks. Then Pilate, from his chair of judgment, asked the crowd why they wanted my son executed. All around me they shouted, "Crucify him!" I wanted to plead with them to stop, but I knew this had to be. So I stood by and cried silently.

*Lord Jesus, it is hard for me to imagine the anguish your mother felt at your condemnation.*

*But what about today, when I hold a grudge...?*

*“Crucify him!”*

*When I judge others...?*

*“Crucify him!”*

*Doesn't this bring tears of anguish to both you and your mother?*

*Forgive me, Jesus.*

Hymn: Ave, Ave, Ave Maria! (2x)

### **Second Station – “Jesus takes His Cross”**

Regaining a little strength, I walked with the crowds to the entrance of the square. A door flew open, and my son stumbled out, the guards laughing behind him. Two men dragged over a heavy wooden cross and dropped it on his shoulders. Then they shoved him down the road. My pain for him was unbearable. I wanted to take the cross from him and carry it myself. But I knew this had to be, so I walked on silently.

*Lord Jesus, I beg you to forgive me for the many times I have added more weight to your cross by closing my eyes to the pain and loneliness of my neighbour. Forgive me for gossiping about others and for always trying to find excuses to avoid certain people Who Wish to talk with me. Help me to be like Mary, always seeking to lighten the crosses of others. Forgive me, Jesus.*

Hymn: Ave, Ave, Ave Maria! (2x)

### **Third Station – “Jesus falls the First Time”**

I followed close behind my son as he stumbled toward Calvary. Nothing had ever hurt me more than to see him in such pain. I saw the cross digging into his shoulders. My heart dropped when I saw him fall face to the ground, the heavy cross landing squarely on his back. For a moment I thought my beloved son was dead. Now, my whole body began to tremble. Then the guards kicked him.

He rose slowly and began to walk again, yet they still whipped him. I wanted to protect him with my own body. But I knew this had to be, so I walked on and wept silently.

*Lord, how often have I seen you fall, and, unlike Mary have left you there without concern? How often have I seen people make mistakes and laughed at them? How often do I find myself getting angry When someone does things differently than I? Mary offered you her support through your entire passion. Help me to do the same for you by the support I give to others. Lord, have mercy on me.*

Hymn: Ave, Ave, Ave Maria! (2x)

### **Fourth Station – “Jesus meets His Grieving Mother”**

I managed to break through the crowd and was walking side by side with my son. I called to him through the shouting voices. He stopped. Our eyes met, mine full of tears of anguish, his full of pain and confusion. I felt helpless; then his eyes said to me, "Courage! There is a purpose for this." As he stumbled on, I knew he was right. So, I followed and prayed silently.

*Lord Jesus, forgive me the many times our eyes met, and I turned mine away. Forgive me the times things did not go my way and I let everyone know about it. Forgive me the times I brooded over little inconveniences or became discouraged and did not heed your call to courage! Yes Lord, our eyes have met many times, but fruitlessly.*

Hymn: Ave, Ave, Ave Maria! (2x)

#### ***Fifth Station – “Simon helps Jesus Carry His Cross”***

I could now see almost complete helplessness on the face of my son as he tried to carry his heavy load. Each step looked as if it would be his last. I felt his every pain in my heart, and I wanted the whole thing to end. Then I noticed some commotion near Jesus.

The guards had pulled a protesting man from the crowd. They forced him to pick up the back of the cross to help lighten my son’s load. He asked the guards why this had to be. I knew, and so followed silently.

*Lord Jesus, I have many times refused to help you. I have been a selfish person who has often questioned your word. Dordt let me remain like Simon, but help me to be like your mother, Mary, who always silently followed and obeyed.*

Hymn: Ave, Ave, Ave Maria! (2x)

#### ***Sixth Station – “Veronica Wipes the Face of Jesus”***

As I continued close by Jesus, a woman pushed past the guards, took off her veil, and began to wipe my son’s sweating, bloody face. The guards immediately pulled her back. Her face seemed to say, “Why are you doing this to him?” I knew, so I walked on in faith, silently.

*Lord, this woman gave you the best she could. On the other hand, I have wanted to take more than I give. So many opportunities arise every day for me to give to you by giving to others — but I pass them by. My saviour, never let me ask why again, but help me to give all I have to you.*

Hymn: Ave, Ave, Ave Maria! (2x)

#### ***Seventh Station – “Jesus Falls the Second Time”***

Again, my son fell, and again my grief was overwhelming at the thought that he might die. I started to move toward him, but the soldiers prevented me. He rose and stumbled ahead slowly. Seeing my son fall, get up again, and continue was bitter anguish to me. But, since I knew this had to be, I walked in silently.

*Lord, of all people Mary was your most faithful follower, never stopping inspite of all the pain she felt for you. I have many times turned away from you by my sins and have caused others to turn away from you. I beg you to have mercy on me.*

Hymn: Ave, Ave, Ave Maria! (2x)

#### ***Eighth Station – “Jesus Speaks to the Women”***

I was walking a few steps behind Jesus when I saw him stop. Some women were there crying for him and pitying him. He told them not to shed tears for him. They had the opportunity to accept him as the messiah; like many others, they rejected him instead. He told them to shed tears for themselves, tears that would bring their conversion. They did not see the connection between that and his walk to death. I did, and as he walked on, I followed silently.

*My saviour, many times have I acted like these women, always seeing the faults of others and pitying them. Yet very rarely have I seen my own sinfulness and asked your pardon. Lord, you have taught me through these women. Forgive me, Lord, for my blindness.*

Hymn: Ave, Ave, Ave Maria! (2x)

#### ***Ninth Station – “Jesus Falls the Third Time”***

This fall of Jesus was agony to me. Not only had he fallen on the rocky ground again, but now he was almost at the top of the hill of crucifixion. The soldiers screamed at him and abused him, almost dragging him the last few steps. My heart pounded as I imagined what they would do to him next. But I knew this had to be, so I climbed the hill silently behind him.

*My loving Jesus, I know that many times I have offered my hand to help people but when it became inconvenient or painful to me, I left them, making excuses for myself. Help me, Lord, to be like your mother, Mary, and never take my supporting hand away from those who need it.*

Hymn: Ave, Ave, Ave Maria! (2x)

**Tenth Station – “Jesus Is Stripped of His Garments”**

With my son finally relieved of the weight of the cross, I thought he would have a chance to rest. But the guards immediately started to rip his clothes off his blood-clotted skin. The sight of my son in such pain was unbearable. Yet, since I knew this had to be, I stood by and cried silently.

*Lord, in my own way I too have stripped you. I have taken away the good name of another by foolish talk and have stripped people of human dignity by my prejudice. Jesus, there are so many ways I have offended you through the hurt I have caused others. Help me to see you in all people.*

Hymn: Ave, Ave, Ave Maria! (2x)

**Eleventh Station – “Jesus is Nailed to the Cross”**

As they threw Jesus on the cross, he willingly allowed himself to be nailed. As they punctured his hands and his feet I felt the pain in my heart. Then they lifted up the cross. There he was, my son, whom I love so much, being scorned as he struggled for the last few moments of earthly life. But I knew this had to be, so I stood by and prayed silently.

*Lord, what pain you endured for me. And what pain your mother went through, seeing her only son die for love of me! Yet, both you and she are ready to forgive me as soon as I repent of my sin. Help me, Lord, to turn away from my sinfulness.*

Hymn: Ave, Ave, Ave Maria! (2x)

**Twelfth Station – “Jesus Dies on the Cross”**

What greater pain is there for a mother than to see her son die right before her eyes! I, who had brought this saviour into the world and watched him grow, stood helplessly beneath his cross as he lowered his head and died. His earthly anguish was finished, but mine was greater than ever. Yet, this had to be, and I had to accept it, so I stood by, and I mourned silently.

*My Jesus, have mercy on me for what my sins have done to you and to others. I thank you for your great act of love. You have said that true love is laying down your life for your friends. Let me always be your friend. Teach me to live my life for others, and not fail you again.*

Hymn: Ave, Ave, Ave Maria! (2x)

**Thirteenth Station – “Jesus is Taken from the Cross”**

The crowd had gone; the noise had stopped. I stood quietly with one of Jesus’ friends and looked up at the dead body of our saviour, my son. Then two men took the body from the cross and placed it in my arms. A deep sorrow engulfed my being. Yet, I also felt deep joy. Life had ended cruelly for my son, but it had also brought life to all of us. I knew this had to be, and I prayed silently.

*Lord, your passion has ended. Yet, it still goes on whenever I choose sin over you. I have done my part in your crucifixion and now, my saviour, I beg your forgiveness with all my heart. Help me to live a life worthy of you and your mother.*

Hymn: Ave, Ave, Ave Maria! (2x)

**Fourteenth Station – “Jesus is Placed in the Tomb”**

We brought Jesus’ body to a tomb, and I arranged it there myself, silently weeping, silently rejoicing. I took one more look at my loving son, and then walked out. They closed the tomb and before I left, I thought, I knew this had to be... it had to be for you! I would wait in faith silently.

*Yes, my Lord, this had to be because you love me, and for no other reason. All you ask is that I live a good life. You never said such a life would be easy. I am willing to leave sin behind and live for you alone, in my brothers and sisters.*

Hymn: Ave, Ave, Ave Maria! (2x)

### ***Fifteenth Station – “Jesus Is Raised from the Dead”***

I could only be most grateful for the sacrifice of my son for us. Yet, what emptiness I felt trying to live without him whom I loved so!

But, only two days later, that emptiness was filled beyond belief—he had risen! Our saviour had opened the doors to a new life. That is the way it had to be—because his undying love for you would not stop at anything less. I could rejoice forever, but not in silence.

*My saviour, thank you! Thank you for such endless love that helps me to rise out of my own sinfulness. I will try again to live a better life. Help me to always remember that love. Mary, mother of our risen saviour, teach me to be like you, and in my love for others, love him in return.*

Hymn: *Ave, Ave, Ave Maria! (2x)*

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## **St Mary's Catholic Church**

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As this Family Pilgrimage draws to a close, we find ourselves in the sacred site of Pukekaraka and the whanau of Hato Mere/St Mary's Parish, Otaki. “Pukekaraka ...is the location of the Catholic mission, established by the Marist fathers in 1844 (New Zealand Historic Places Trust 2002). St Mary's church was built in 1858-1859, and is considered to be New Zealand's oldest surviving Catholic Church still in use. It is from here that Catholicism spread in the early 1840s within the Wellington Archdiocese, which at that time included what is now the diocese of Palmerston North.

Pukekaraka also contains a marae dedicated to Our Lady, Hine Nui o te Ao Katoa (Queen of the World). It is fitting to end our Pilgrimage here, a place steeped in history and faith, a place where our ancestors in the faith worked and proclaimed the gospel to the Tangata Whenua, the people of the land, and where they bore tremendous fruit in their mission. Through our prayers and sacrifices during this Pilgrimage, we hope that we may also see a renewal and revival of Catholicism in the Wellington Archdiocese, the whole of New Zealand as well as the whole of the world, as we continue to entrust ourselves to Mary Assumed into Heaven and Queen of the World.

### **1 Hymn: “Ka Waiata”**

*Ka waiata ki a Maria  
Hine i whakaae  
Whakameatia mai  
Te whare tangata.*

I sing to Mary, our mother,  
The one who heard God's call  
The call to be the mother  
Of our Lord (of us all)

*Hine pūrotu  
Hine ngākau  
Hine rangimārie*

Gentle woman, loving mother,  
Our Lady Queen of Peace

*Ko Te Whaea  
Ko te whaea  
O te ao*

I sing to Mary, the mother  
of our Lord (of our God)

## **2 5<sup>TH</sup> JOYFUL MYSTERY – THE FINDING OF JESUS IN THE TEMPLE**

### **2.1 Scripture Reading**

"Now his parents went to Jerusalem every year at the feast of the Passover. And when he was twelve years old, they went up according to custom; and when the feast was ended, as they were returning, the boy Jesus stayed behind in Jerusalem. His parents did not know it ...

After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers" (Lk 2:41-47).

## 2.2 Reflection and Prayer

Mary's loss was one of the most piercing sorrows of her Immaculate Heart. O Mary, inspire us with a genuine horror of mortal sin by which we, too, may lose our Jesus. May your Heart be our unfailing shelter.

*O MOST HOLY VIRGIN, comforter of those who are suffering, by the unspeakable joy that filled thy soul, when thou didst find thy Son in the Temple teaching in the midst of the doctors, obtain from Him the grace that we may seek and find Him in His Holy Catholic Church, and never more be separated from Him. Holy Mary, Mother of God, pray for me a sinner and teach me to love thy Divine Son, above all else.*

**Our Father, Hail Mary etc.**

## 2.3 5<sup>th</sup> Fatima Prayer

Decade Prayer:

*O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of thy mercy.*

The Sacrifice Prayer:

*O My Jesus, I offer this for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.*

## 3 Litany of the Blessed Virgin Mary

*Lord, have mercy on us.*

*Lord, have mercy on us. Christ, hear us.*

*God the Father of Heaven,*

*God the Son, Redeemer of the world,*

*God the Holy Spirit,*

*Holy Trinity, one God,*

*Holy Mary,*

*Holy Mother of God,*

*Holy Virgin of virgins,*

*Mother of Christ,*

*Mother of divine grace,*

*Mother most pure,*

*Mother most chaste,*

*Mother inviolate,*

*Mother undefiled,*

*Mother most amiable,*

*Mother most admirable,*

*Mother of good counsel,*

*Mother of our Creator,*

*Mother of our Saviour,*

*Virgin most prudent,*

*Virgin most venerable,*

*Virgin most renowned,*

*Virgin most powerful,*

*Virgin most merciful,*

*Virgin most faithful,*

*Mirror of justice,*

*Seat of wisdom,*

*Cause of our joy,*

*Spiritual vessel,*

*Vessel of honour,*

*Singular vessel of devotion,*

*Mystical rose,*

*Tower of David,*

*Tower of ivory,*

*House of gold,*

*Christ, have mercy on us.*

*Christ, graciously hear us.*

*Have mercy on us.*

*Have mercy on us.*

*Have mercy on us.*

*Have mercy on us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

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*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*

*pray for us.*



*Ark of the Covenant,  
Gate of Heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
Comforter of the afflicted,  
Help of Christians,  
Queen of angels,  
Queen of patriarchs,  
Queen of prophets,  
Queen of apostles,  
Queen of martyrs,  
Queen of confessors,  
Queen of virgins,  
Queen of all saints,  
Queen conceived without Original Sin,  
Queen assumed into Heaven,  
Queen of the most holy Rosary,  
Queen of peace,*

*pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
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pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.*

*Lamb of God, who takes away the sins of the world,  
Lamb of God, who takes away the sins of the world,  
Lamb of God, who takes away the sins of the world,*

*Spare us, O Lord.  
Graciously hear us, O Lord.  
Have mercy on us.*

*Pray for us, O Holy Mother of God, That we may be made worthy of the promises of Christ. Grant, we beseech Thee, O Lord God, that we Thy Servants may enjoy perpetual health of mind and body and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal happiness. Through Christ Our Lord. Amen.*

**4 Prayer to St Joseph**

*To you, O Blessed Joseph, we come in our trials, and having asked the help of your most holy spouse, we confidently ask your patronage also. Through that sacred bond of charity which united you to the Immaculate Virgin Mother of God and through the fatherly love with which you embraced the Child Jesus, we humbly beg you to look graciously upon the beloved inheritance which Jesus Christ purchased by his blood, and to aid us in our necessities with your power and strength.*

*O most provident guardian of the Holy Family, defend the chosen children of Jesus Christ. Most beloved father, dispel the evil of falsehood and sin. Our most mighty protector, graciously assist us from heaven in our struggle with the powers of darkness. And just as you once saved the Child Jesus from mortal danger, so now defend God's Holy Church from the snares of her enemies and from all adversity. Shield each one of us by your constant protection, so that, supported by your example and your help, we may be able to live a virtuous life, to die a holy death, and to obtain eternal happiness in heaven. Amen.*

**5 Prayer to St Michael the Archangel**

*Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.*

**6 Prayer for the Family by St. Pope John Paul II**

*Lord God, from you every family in heaven and on earth takes its name. Father, you are Love and Life. Through your Son, Jesus Christ, born of woman, and through the Holy Spirit, fountain of divine charity, grant that every family on earth may become for each successive generation a true shrine of life and love. Grant that your grace may guide the thoughts and actions of husbands and wives for the good of their families and of all the families in the world. Grant that the young may find in the family solid support for their human dignity and for their growth in truth and love. Grant that love, strengthened by the grace of the sacrament of marriage, may prove mightier than all the weaknesses and trials through which our families sometimes pass. Through the intercession of the Holy Family of Nazareth, grant that the Church may fruitfully carry out her worldwide mission in the family and through the family. Through Christ our Lord, who is the Way, the Truth and the Life forever and ever. Amen.*

## Consecration to the Sacred Heart of Jesus and the Immaculate Heart of Mary

*Sacred Heart of Jesus and Immaculate Heart of Mary, I Consecrate my entire self to the Most Holy Love of Your Two Hearts. I wish to make reparation for all the sins of the world, including my own. I offer these things for the love of the Hearts of Jesus and Mary. I will keep my mind on beauty and turn my thoughts from evil things. I will not show off but remain humble. I will offer up all my sufferings, sickness and hurts. I will seek God's Will, not my own. I will show appreciation for the kindness, the blessings that I receive from God for all things. I will do everything in my life for love of God. And I will love others, as God has loved me.*

*O Sacred Heart of Jesus, through the Intercession of the Immaculate Heart of Mary, receive the offering and consecration I now make of myself to You. Keep me faithful unto death. Bring me one day to the Happy Home in Heaven. I desire to live forever with God the Father and the Most Holy Spirit and You my Jesus, together with Your Most Immaculate Mother. Sacred Heart of Jesus and Immaculate Heart of Mary, please protect us. Amen.*

### "Magnificat"

*Ref: All that I am sings of the God who brings new life to birth in me.  
My spirit soars on the wings of my Lord. (Repeat)*

*My soul gives glory to the Lord,  
rejoicing in my saving God,  
who looks upon me in my state,  
and all the world will call me blest;  
For God works marvels in my sight,  
and holy, holy is God's name. (Ref)*

*God's mercy is from age to age,  
on those who follow in fear;  
Whose arm is power and strength,  
and scatters all the proud of heart;  
Who casts the mighty from their thrones  
and raises up the lowly ones! (Ref)*

*God fills the starving with good things,  
the rich are left with empty hands;  
Protecting all the faithful ones,  
remembering Israel with mercy,  
the promise known to those before  
and to their children for ever! (Ref.)*

# Join!



## Mary's Song

Visit : [www.marriageandfamily.org.nz](http://www.marriageandfamily.org.nz)









